

Age Comparison Charts for Dogs and Cats

Small Dog Breeds (under 21 pounds)	
Real Age	Human Equivalent
1 yr	15 yrs
3 yrs	28 yrs
5 yrs	36 yrs
8 yrs	48 yrs
10 yrs	56 yrs
12 yrs	64 yrs
15 yrs	76 yrs

Medium Dog Breeds (21-40 pounds)	
Real Age	Human Equivalent
1 yr	15 yrs
3 yrs	29 yrs
5 yrs	38 yrs
8 yrs	51 yrs
10 yrs	60 yrs
12 yrs	69 yrs
15 yrs	83 yrs

Large Dog Breeds (51-90 pounds)	
Real Age	Human Equivalent
1 yr	14 yrs
3 yrs	29 yrs
5 yrs	40 yrs
8 yrs	55 yrs
10 yrs	66 yrs
12 yrs	77 yrs
15 yrs	93 yrs

Giant Dog Breeds (90+ pounds)	
Real Age	Human Equivalent
1 yr	12 yrs
3 yrs	28 yrs
5 yrs	42 yrs
8 yrs	64 yrs
10 yrs	78 yrs
12 yrs	93 yrs
15 yrs	115 yrs

Cats	
Real Age	Human Equivalent
1 yr	24 yrs
3 yrs	42 yrs
5 yrs	48 yrs
8 yrs	57 yrs
10 yrs	63 yrs
12 yrs	69 yrs
15 yrs	78 yrs

These charts are not exact – they are averages.